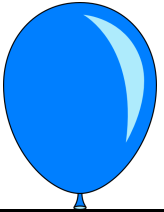




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Legend for which Recreationist is hosting the activity: (A) - Amy (AS)- Angie (C) - Colleen (K) - Kailey (MA)- Mairead (MD)- Michaela (R) - Reshmi (S) - Student	Recreationists Colleen Marsh - Ext.2234 cmarsh@elliottcommunity.org Kailey Beeney - Ext.2125 kbeeney@elliottcommunity.org Reshmi Abraham - Ext. 2233 rabraham@elliottcommunity.org Angie Scadding - ascadding@elliottcommunity.org Amy Golbourne- agolbourne@elliottcommunity.org	Program Location Legend Ed- Edinburgh Activity Area W- Wellington Activity Area F- Fountain Activity Area Er- Eramosa Activity Area P- Paisley Activity Area 4- Nottingham Activity Area BR- Board Room C- Chapel CC- Community Centre BCY- Back Courtyard RR- Resident Room Sn - Snoezelen Room	1 International Day of Older Persons Morning 9:30am Let's Make Pumpkin Milkshakes (K) - Ed The Fit Generation Documentary (K) -Ed Afternoon 1:45pm Chiming with Sharon (K) - Ed 2:30pm Falls Prevention - W 	2 Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon Fall Leaf Tour Outing (sign up only) 1:30pm Farm Animal Trivia (K) - Ed Outdoor Social (K) - Ed 2:30pm Zumba Exercises - W 3:00pm 1:1 Visits Ed Pastor Mike Movement Matters (K) - Ed/F	3 Morning 9:30am General Store Fact Files: World Smile Day (K) - Ed Afternoon 2:00pm Stories from Guelph Mission with Marion Reidel - CC 3:30pm Seated Zumba - W 	4 Morning Short Stories (MD) - Ed Creative Colouring (MD) - Ed Afternoon Balloon Volleyball (MD) - Ed Word Games (MD) - Ed 
5 Morning Afternoon 1:30pm Chapel Service with Pastor Mike - Ed Walks & Strolls (MD) - Ed Music Appreciation (MD) -Ed 	6 Morning Afternoon 2:00pm Sound Bath Meditation Class with Mike Tudisco - CC 2:30pm Strength & Balance - Ed Nature Walks (K) - BCY Colour O'Clock (K) - Ed	7 Morning Let's Talk About It (K) - Ed Morning Autumn Strolls (K) - Ed Afternoon 1:1 Ball Toss (K) - Ed 2:30pm Physio Group Exercises - W  I love to go for walks outside.	8 Morning 10:00am Trinity United Communion Chapel Service - C Kitchen Creations (K) - Ed Afternoon 2:00pm Happy Hour with Paul Horton - CC 2:30pm Falls Prevention - W	9 Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon Chiming with Sharon - Ed 2:30pm Zumba Exercises - W 3:00pm 1:1 Chaplain Visits - Ed Movement Matters (K) - Ed/F	10 Morning 9:30am General Store Creative Corner: Thanksgiving Craft (AS) - Ed Afternoon Trivia and Treats Game (AS) - Ed 3:30pm Seated Zumba - W 	11 Morning 9:30am Sit & Strengthen (K) - Ed Thanksgiving Colouring (K) - Ed Afternoon 2:00pm Thanksgiving Social with Brent Meidinger - CC 
12 Morning Let's Bake Apple Turnovers (K) - Ed 1:1's with Kailey - Ed Afternoon 1:30pm Chapel Service with Pastor Mike - Ed 	13 Thanksgiving Morning Afternoon 1:00pm What are you thankful for travelling cart (K) - Ed 2:30pm Strength & Balance - Ed Colour O'Clock (K) - Ed 6:30pm Hot chocolate Social (K) - Ed 	14 Morning Gardening Group (A) - Ed Afternoon 1:30pm Music Therapy w/ Mairead - Ed I Spy Orange Scavenger Hunt (A) - Ed 2:30pm Physio Group Exercises - W 	15 Morning 10:00am Catholic Mass - Ellington Basement Kitchen Creations (K) - Ed Afternoon 1:45pm Chiming with Sharon (K) - Ed 2:30pm Falls Prevention - W 	16 Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon 2:00pm Monthly Birthday Party with John Pebble - CC 2:30pm Zumba Exercises - W 3:00pm Visits Ed Pastor Mike 	17 Morning 9:30am General Store Dynamic Duo Chats (K) - Ed Afternoon 1:30pm Shopping Outing to Value Village (Sign Up with Recreation) 3:30pm Seated Zumba - W 	18 Morning Creative Corner (MD) - Ed Walks & Strolls (MD) - Ed Afternoon 2:00pm Pumpkin Decorating with students of U of G 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19	20	21	22	23	24	25
Morning Afternoon 1:30pm Chapel Service with Pastor Mike - Ed Special Coffee Break (MD) - Ed Music Appreciation (MD) - Ed 	Diwali Morning 9:30am Guelph Fire Department Tour Outing (sign up only) Afternoon Diwali Craft (K) - Ed 2:30pm Strength & Balance - Ed Kitchen Creations (K) - Ed Colour O'Clock (K) - Ed	Morning Juice and Jokes Travelling Cart (K) - Ed Afternoon Creative Corner: Halloween Hats (K) - Ed 2:30pm Physio Group Exercises - W 	Morning 10:00am St Andrews Presbyterian Chapel Service - C Creative Corner: pool noodle characters (K) - Ed - AR Afternoon 2:00pm Guelph Wellington Men's Club Choir Performance - CC 2:30pm Falls Prevention - W 	Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon Chiming with Sharon - Ed 2:30pm Zumba Exercises - W 3:00pm 1:1 Chaplain Visits - Ed Movement Matters (K) - Ed/F 	Breast Cancer Awareness Day Wear Pink! Morning 9:30am General Store Roll a Jack-o- Lantern Craft & Dice Game (AS) - Ed Afternoon 2:45pm Musical Entertainment with Woody Woodburn - Ed 3:30pm Seated Zumba - W 	Morning 9:30am Sit & Strengthen (K) - Ed Afternoon 2:00pm Halloween Boo Bash with Eric the Balloon Twister - CC 
26	27	28	29	30	31	
Morning Apple Cider Social (K) - Ed Walks & Strolls (K) - Ed Afternoon 1:15pm Guelph Storm Game Outing (sign up only) 1:30pm Chapel Service with Pastor Mike - Ed 	Morning 11am-12pm Bookmobile Afternoon 2:00pm Whole Home Trivia - CC 2:30pm Strength & Balance - Ed Kitchen Creations (K) - Ed Colour O'Clock (K) - Ed 	Morning Creative Colouring (A) - Ed Afternoon Fall Colours Walk (A) - Ed 1:30pm Music Therapy w/ Mairead - Ed 2:30pm Physio Group Exercises - W 	Morning Did You Know: Monsters & Myths (K) - Ed Kitchen Creations (K) - Ed Afternoon 2:00pm Accordion with Gary - C 2:30pm Falls Prevention - W 	Morning Flower Arranging (K) - Ed Friendly Visits with Kailey - F Afternoon Chiming with Sharon - Ed 2:30pm Zumba Exercises - W 3:00pm Visits with Pastor Mike Movement Matters (K) - Ed/F 	Morning Hear Right Canada (Sign up with Nurse if Interested) 9:30am General Store Let's get into costume! (K) - Ed Afternoon 2:00pm Halloween Party with Remedy Band - CC 3:30pm Seated Zumba - W 	